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Om Saravana Bhavaya Namaha:

Sri. REJITH KUMAR

VISITING BANGALORE



TALK SCHEDULE
 13-Jan-2019 (Sunday)
 Time: 10 AM - 1 PM

Spiritual Discourse on Lord Murugan

Meditation Session

Healing Session
 (Consultation and provides healing for Personal & Health Problems)

Venue:
 Sri Mahan Odukathur Swamigal Mut,
 Sri Dhandayudhapani Swamy Temple,
 No. 13, Gangadhara Chetty Road,
 Bangalore - 560042

Revelations about Palani Muruga's miracles, Kumarikandam-Mars relation and Spiritual secrets

LION MAYURA ROYAL KINGDOM
 (www.lionmayura.org)



MESSAGE FROM SHRI REJITH KUMAR



Vanakkam. This is a very important message about the Mayura Simhasanam Pradishta. It was in 2017, on the 1st of May, under the directions and blessings of Muruga Peruman on the day of Sashti at Pazhani, a mission was started. This is the Lion Mayura Royal Kingdom (LMRK).

In 2004, almost 13 years ago, when my spiritual journey started, I was innocent like a child and I knew nothing much about it. In the year 2017, it had become a mission; this mission was called the Lion Mayura Royal Kingdom.

Muruga Peruman directs and decides everything. The main duty of LMRK was to start the Muruga yugam in 2013. It is the reign of Muruga Peruman. Siddhar science will spread throughout the world. The fame of the Tamil civilization will increase and this is related to Kumari Kandam and Mars.

When the world needed the reign of Muruga Peruman then Muruga Simhasanam – Muruga Peruman’s Simhasanam - pradishta of the Mayura Simhasanam had to happen at England at the Zero Time zone. As everything starts at Zero. The Pradishta had to happen at England. That was the first duty of Lion Mayura Royal Kingdom. All of you are aware of this and it has been conveyed to you through your mobile phones. With Muruga Peruman’s blessings, with His energies and all of us together we made the Mayura Simhasanam and held a grand function for it at Pazhani and the pradishta was done at England. In Wales at the Thanthondri Anjaneyar temple the pradishta was done. The pradishta being done is an important milestone.

The pradishta is done now. “What is the next duty now?”, is the question in everyone’s mind. Everyone in the group kept asking what is the next duty many times. I remained silent. Even I do not know. The reason being it is not an ordinary organisation. This is a spiritual organisation. It has been registered. The organisation has been started and its structure has been defined in terms of its posts. After this, a spiritual or social related subject is usually spread continuously in the case of a normal organisation. It is an important matter not to be considered as a small matter and it is necessary for us in the world. People following this kind of an organisation are to be respected as it is important.

This mission is however somewhat different. There is no way we can take decisions here. Only Muruga Peruman can take decisions here. Only what he says can be carried out. That is how things can be carried out. That is how I have worked from the beginning. Whatever he has directed I have done. Even though I had to face many questions, I remained silent because I did not know what the next duty would be. I did not know what Muruga Peruman was going to reveal next. I remained silent.

Now, I have received a message from Muruga Peruman which I would like to share with you. This is an important message. Do you know what the message is about? ***The Mayura Simhasanam energy has started spreading all over the world. The energy which was consecrated on the Mayura***

Simhasanam i.e. Muruga Peruman's energy at Zero time has started spreading all over the world. This is a very important thing.

Muruga Peruman has given a message relating to this for humanity – “Wherever the Mayura Simhasanam picture is kept in houses at its place of worship; those houses and the people who live in those houses will benefit greatly both in their material and spiritual lives”. The Mayura Simhasanam energy has started spreading all over the world now. The Mayura Simhasanam picture in whichever houses it is kept at the place of worship; will receive the energy and benefit the house and the people who reside in it. This is an important message.

Second message: Lion Mayura Royal Kingdom the mission is going to do certain things in history- in our Earth's history. It is definitely a mission directed by Muruga Peruman in the Muruga Yugam. In this mission, the LMRK Mission – in that I am a person selected by Muruga Peruman to do the duty for this main mission as His instrument.

LMRK is going to do many things in history. It is in relation to this it is going to carry out the next steps. For that first, I have to go to a place called Mongolia on the date directed by Muruga Peruman and do prayers. It's a secret place in Mongolia. It is a kind of place where certain energies are found manifesting from a deep place; such a kind of place is Mongolia. After receiving these energies, we are going to start this mission's work. What I am going to share you are going to know in the future. You will come to know what a big role LMRK is going to play in this world. It is not my doing nor yours it is decided by Muruga Peruman and is going to happen with the blessings of Muruga Peruman.

A significant event happened when I visited Bangalore two weeks ago. I thought it was only to do pooja and to teach meditation I visited Bangalore. I went to Ghati Subramanya temple where Muruga Peruman and Lord Lakshmi Narshimar are found at the same place(sthalam). The energy of that place is a big plus for our mission. That temple is very important. I received the blessings of Muruga Peruman and Lord Lakshmi Narshimar at this temple and it is after this I received these messages. I have shared these messages with you. I have only one thing to tell you... it is something to watch out for ...Lion Mayura Royal Kingdom is going to play a big role in history.

It is with Muruga Peruman blessings and under His protection and in the stage, he has decided it is going to go through. Everyone has the blessings of Muruga Peruman! All of you meditate on 'Om Saravana Bhavaya Namaha' daily. Let everyone receive the blessings of Muruga Peruman!

Vanakkam to everyone.

OM SARAVANA BHAVAYA NAMAHA

A LETTER FROM THE EDITOR

Dear Readers,

We are happy to bring out the third issue of our E- Magazine KUMARI KANDAM – MOTHER LAND. We would like to inform our readers that we are bringing out our E- Magazine issues once in two months.

The Divine Messengers of God are instruments of the Divine because they act as intermediaries between God and humanity. They receive divine messages and share the revelations with the whole world. They also carry out specific missions for the welfare of mankind. They possess divine essences which help them in carrying out their specific missions. Mrs.Sarah Manthira, an LMRK member from Malaysia, recently went for a personal Nadi reading. Much to her astonishment, specific details affirming Shri Rejith Kumar's innate divine identity were revealed. It is our privilege to share them directly with you through the E- Magazine.

After the Mayura Simhasana Pradishta at Wales, two important messages, one benefiting our daily lives and the other serving as a direction for the next important step for LMRK as an organisation has been revealed by Muruga Peruman to Shri Rejith Kumar. These important messages have been shared with all of you through the article "Message from Shri Rejith Kumar".

This issue contains an article which is the first part of a series on the ancient place of Kathirkamam in Sri Lanka. The history behind this place and its temple - Kataragama Maha Devalaya which was built almost 2300 years ago is of special interest to us, LMRK Members. This place is said to possess energies relevant to the Muruga Yugam as per the revelations given by Muruga Peruman to Shri Rejith Kumar. We have briefly tried to explore this mystical place of pilgrimage of various faiths in terms of its history, rituals and traditions.

Based on the request of members a special series called 'History of Thiruppugazh' has been introduced in this issue. The first part narrates the story of Saint Arunagirinathar, the saint-poet whose life was completely transformed through a direct divine experience with Muruga Peruman.

We encourage the readers to give their feedback as well as volunteer their services if interested in being part of this sacred work. You can contribute your thoughts on suitable topics or submit articles at editorlmrk@gmail.com which will help others to know more about Muruga Peruman, the Siddhars and the ancient Kumari Kandam.

I thank Muruga Peruman for constantly guiding and inspiring us in all aspects of our lives. We, the editorial team, humbly submit this third issue as an offering at His feet and seek His blessings and grace in all stages of our editorial work.

OM SARAVANA BHAVAYA NAMAHA

- Mrs. Sowmya Nikhil

Editorial Team

AGASTHIAR NADI REVELATIONS ABOUT SHRI REJITH KUMAR

This is an extract from the Nadi messages received by Mrs. Sarah Manthira, a LMRK member, when she went for a Nadi reading for herself at Malaysia. Astonishingly, the Nadi messages revealed certain divine truths about Shri Rejith Kumar and his spiritual journey. She has kindly consented to share it with our LMRK Members. The translation of it is as given below:

She has the blessings and support of Velavan.
To be well, she has the blessings of my son Rejith Kumar.

He exists as the avatar of Arumugan.
He is one who has received the Prabanja Sakthi.
He follows the path of Meditation.
He is one who goes to Palani; and Velan has given him special blessings.
The people who truly follow him
(Should Know) We Siddhars and Muruga Peruman are with Him in a special way.
He will perform miracles in your lives.
Not even to the extent of a needle point can a fault be found in him. (He is flawless).
I need to call him by another name.
I have given him the name 'Muruga Shivam'.

The essence of Murugan and Sivan are merged in this body. Hence 'Muruga Shivam'.
I have given him a new name as 'Muruga Shivam'. (Saint Agasthiyar has given the name).
He will live as 'Muruga Shivam' and will attain Mukthi.
He will come to Malaysia and give his blessings.
I am stating that he is an avatar of Vadivelan.
I am saying that he will give you guidance. ('You' here refers to Mrs. Sarah)
I will give you blessings and make you think.
When my son Muruga Shivam speaks: you will get special blessings and guidance.
He is going to bring changes in the world.
It is he who is going to win over Nature.

We are going to give him a Title.
It will be the divine play (Thiruvilayadal) of Velan.
We the Siddhars will speak through Him.
He will speak many languages.
Many astonishing changes in the world will come about because of him.
I give him the blessings of lasting youthfulness.
He will also perform many miracles well.
The whole world will look at him.
Because of Muruga Shivam's blessings you will be healthy.
He (Muruga Shivam) will say father Murugan is there.
He will say that nothing is impossible for Kandan.
The world will see the rule of Velavan! (Muruga Yugam)
The world will witness the miracles of Velavan!

I seek the blessings of Velavan so that my son Muruga Shivam will give Deekshai to both of you.
(Muruga Deekshai).

Translated by: Mrs. Sowmya Nikhil

HISTORY OF THIRUPPUGAZH

– PART I

The worship of Muruga has its roots in the ancient Tamil country, right from the days of Kumari Kandam. According to the ancient Tamil legends, Muruga Peruman was worshipped as a warrior God known for his victory over the Asura King Surapadman.

The word 'Muruga' itself is derived from the word 'Murugu' which means beauty, fragrance and eternal youth. He is perceived as Omniscient, all pervasive, as 'Karunakara' the compassionate one, as 'Gnana Pandita' the embodiment of Supreme Knowledge, as 'Dhandayuthapani' – the one who has renounced all worldly possessions

and as 'Kaliyuga Varadha' as the one who heals afflicted hearts in the age of Kali amongst other aspects. He has reached out over the ages to the devotee's earnest call in times of succour. He



Pazhani Dhandayutha Swamy

saves his devotees from misery; elevates them in the path of Bhakthi, and ultimately leads them to salvation.

There have been many Bhakthi related literary works extolling Muruga Peruman but Thiruppugazh stands foremost in one's mind because Saint Arunagirinathar's works, to a large extent, succeed in describing the glorious qualities of the Lord vividly and comprehensively.

The word Thirupugazh literally means the "Praise of the Lord". The Thiruppugazh is a collection of songs in praise of Lord Muruga (also known as Skanda, Shanmukha, Karthikeya and Subrahmanya) and was composed by the poet-saint Arunagirinathar in the 14th century.

Thiruppugazh was composed in the Tamil Language with a liberal use of Sanskrit words. A distinctive feature is the 'Tongal'- a distinct word or a group of words at the end of every stanza. Each song customarily ends with the word 'Perumale' or 'Tambirane'. The uniquely structured Thiruppugazh songs are also called as

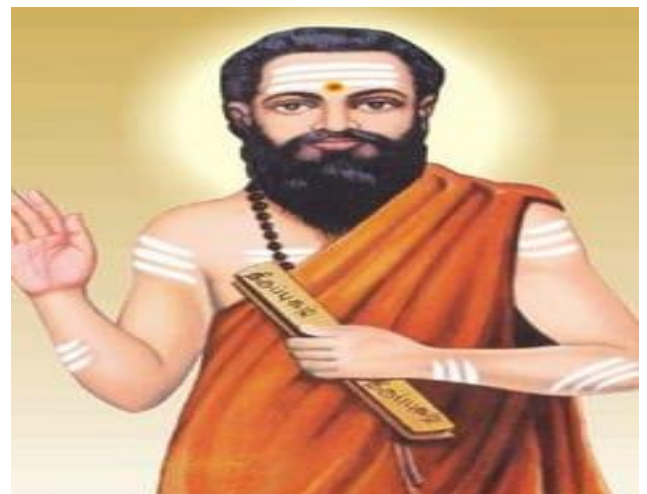
'cantappadal' because of their varying inbuilt rhythms.

The songs express in simple terms, philosophical musings on God. They place particular emphasis on the role of God's grace or mercy in helping the individual deal with the troubles and ills that afflict humanity. The songs also deal with issues of morality and living a virtuous life on Earth, with many, exhorting people to seek solace and contentment in God.

Saint Arunagirinathar

Saint Arunagirinathar lived in the 14th century during the reign of the Vijayanagar King Prauda Devaraya. His mother Muthamma, a pious lady of Thiruvannamalai, prayed before Lord Arunachala for a son, brilliant with knowledge and vision. The Lord in all His mercy bestowed a boon on her by blessing her with a beautiful male child. He was named 'Arunagiri' after the abode of the Lord of Thiruvannamalai in gratitude to Him.

At the age of seven, he lost his father and his mother soon bid farewell. He was brought up by his elder sister Aadhi and soon it became apparent to the world that Arunagiri was a prodigy by birth and was receptive in acquiring



Saint Arunagirinathar

various kinds of knowledge. At a very young age, he became proficient in scriptures, history, Vedanta, Saiva Siddhanta, and the Puranas. His compositions indicate a familiarity with Tamil works such as *Thevaram*, *Tirukkural*, *Kārigai*, *Ula*, *Easal*, *Kalambakam*, *Kovai*, *Sindu*, *Madal* and *Mālai*. His compositions show that he was equally proficient in Sanskrit and his works abound in the use of Sanskrit words. It showed a familiarity with the Gita, the Upanishads, Agamas, Mantra and Tantra Sastras, Yoga Sutras and the *Kama Sutra*. He had also cultivated the art of writing eulogies of rich men to obtain presents of money from them.

Though he grew up to be a brilliant man his senses soon overlaid him and he began to spend most of his time with courtesans to whom he soon lost his health and wealth. The first sign of divine grace came in the form of a Mahatma who guided him to do meditation on the six faced Shanmukha. He was however not able to heed the advice of the Mahatma and fell into his old ways. Afflicted by leprosy and ostracised by society he decided to take the ultimate step of taking his life by jumping from the Vallala gopuram (temple tower) at Thiruvannamalai. When he jumped, Lord Muruga appeared before him on his peacock and saved him. Lord Muruga bade him to sing songs in His



**Saint Arunagirinathar being rescued
by Lord Muruga**

praise and to begin the song with the words “Mutthai tharu...”.

Pilgrimage and Experiences

Arunagirinathar travelled extensively from down south of Tamil Nadu to Kathirgamam (Sri Lanka) and up to Kasi (Varanasi) and Haridwar in the North. The Thiruppugazh songs which he composed convey the mystical experiences he had at these places. After receiving Lord Muruga’s grace at Tiruvannamalai, he also received ‘Mouna Upadesha’ (instruction on silence). His next experience was at Vayalur near Tiruchirappalli, where he received the ‘Pranava Upadesham’ at Chidambaram, the art of Chitrakavi and the title of ‘Natha’ at Kumbakonam. He was blessed with the ‘Padma Darshan’ of Lord Muruga’s Divine feet at Swamimalai, a Japamala (rosary) at Thiruvavinankudi (Palani), and the vision of Lord Muruga as a dancing child at Thiruchendur. After visiting many sacred places like Tirupati, Srisailam, Kasi and Puri he finally returned to Thiruvannamalai.

Other Anecdotes about Arunagirinathar

1. Confrontation with Villiputtoorar

Villiputtoorar was a poet who wrote the Maha Bharatha in Tamil. He used to challenge others on their scholarly skills with a condition that if they were to fail, he would have their ears cut off. He met his nemesis in Arunagirinathar when he challenged him; as he became baffled in the debate when he heard the 54th stanza of Kandar Andadhi composed by Arunagirinathar.

2. Confrontation with Sambandhan

Sambandhan was a religious head and a devotee of Mother Kali. He was also a friend of the then ruling King Prauda Devaraya. Prauda Devaraya was a patron of saints and scholars and showed

great reverence to them. He heard about Arunagirinathar's hymns of devotion to Lord Muruga and invited him to his court to honour him. Not wanting to lose the King's favour Sambandhan challenged Arunagirinathar with a condition that the one who could manifest his 'Ishta deivam' (favourite form of divinity) in court in front of everyone would be the winner and the other should leave the palace forever. Sambandhan, a devotee of Mother Kali made an appeal to the Divine Mother to hold back Lord Muruga when Saint Arunagirinathar made a request to Lord Muruga to appear before him.

When Arunagirinathar sang a Thiruppugazh song asking Lord Muruga to manifest He did not do so as Mother Kali was holding Him in Her arms. When Saint Arunagirinathar became aware of this through divine sight he sang the "Devendra Sanga Vaguppu" praising Devi. She was moved by the lyrics, melody and the rhythm and let go of Her son. He then sang the "Mayil Viruttam" to get the peacock of Lord Muruga to dance in front of him and eventually Lord Muruga Himself manifested in the court in front of every one. The light emanating from Lord Muruga was so brilliant that it blinded the King's eyes. The only remedy to regain the King's eyesight was to pour the essence of the Parijatha flower from Swarga Loka (heaven) into his eyes.

Saint Arunagirinathar had mastered the siddhi of 'Para Kaya Pravesham' (the ability to leave one's body at will and take another form). He departed to heaven by entering into a dead parrot's body to get the Parijatha flower. Meanwhile Sambandhan had the body cremated before Saint Arunagirinathar could return with the flower. Arunagirinathar successfully completed his mission and helped restore the King's eyesight. To his dismay, he found that his body had been cremated and so continued to live in the parrot's body and sing the divine compositions till the end of his life.



Parrot Statue representing - (Saint Arunagirinathar) at Kili Gopuram, Arunachaleswar Temple in Tiruvannamalai

It is believed that he sang the 'Tiruvaguppu' and 'Kandhar Anubuthi' while being in a parrot form. The King Prauda Devaraya raised a memorial for the saint at this place. This tower known as the 'Kili Gopuram' (Parrot tower) is still found at the Arunachaleswar temple of Tiruvannamalai. The day Arunagirinathar attained Mukthi has been identified as the day of Moolam in the Tamil month of Karthigai.

(To be continued...)

Compiled by: Mrs. Sowmya Nikhil

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DEVOTEE EXPERIENCES

1) My Experiences with Shri Rejith Kumar

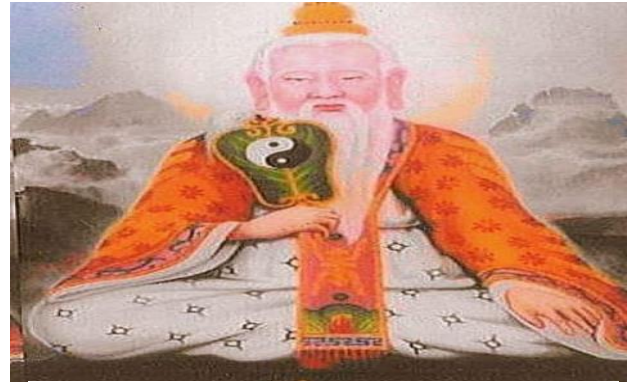
Namaste!!!

I am Ramesh from Coimbatore and would like to share my spiritual experiences with Shri Rejith Kumar. I was an atheist till last year. One day, I had a dream like I was climbing down from a hill and saw an old Chinese man meditating on my left. While I was climbing down the hill after seeing him, I saw two more people who were climbing up the hill. Their faces somehow got imprinted in my memory. After this I woke up from the dream suddenly. After a week, while I was searching for a song on 'YouTube', I was extremely astonished to see him - Yes! it was the same person whom I had seen in my dream. It was Shri Rejith Kumar in the 'Moondravathu Kann' program.

I then gathered all the information I could about Shri Rejith Kumar and contacted him through my mobile phone and shared with him the dream that I had experienced before. He spoke very kindly to me and asked me to join him in the mission. I consider that as my privilege. I was later informed by people who were in the



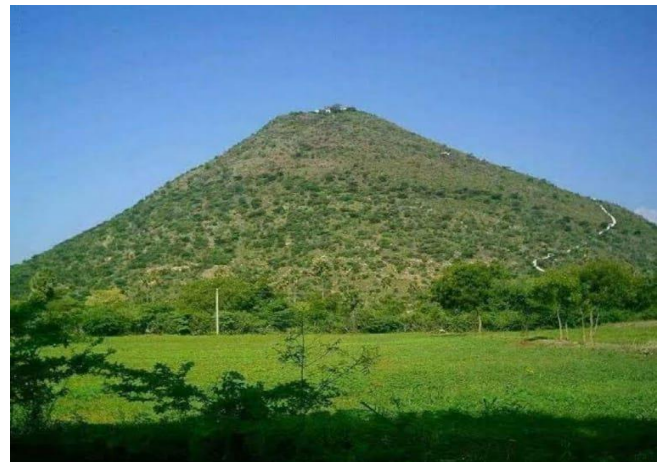
**Shri Rejith Kumar with Mr. Ramesh, Coimbatore
LMRK Member**



Lao Tsu (Bogar Siddhar)

practice of worshipping Siddhars that the Chinese saint, I had seen in my dream was none other than Shri Bogar Siddhar.

I met Shri Rejith at Palani and then I joined LMRK and started working for it. The other person whom I had seen in the dream was Mr. Devan, a LMRK member from Chennai. After I visited Palani hill, I got the opportunity to travel to many sacred places like Aivar Malai, Anjaneyar Malai and Poombarai Murugan temple.



Othi Malai

I was informed about Othi Malai Murugan temple near Ambur by my friend and I visited it. I was really surprised!! I was not able to believe that it was the same hill I had seen in my dream!

It is believed here, that Othi Malai is the place where Murga Peruman captured Brahma and placed him in prison for not knowing the

meaning of 'OM'. It is also stated that it was here Bogar Siddhar meditated and the place where Muruga Peruman directed him to make the Navapashana Moorthy.

The place which Bogar Siddhar meditated is called "Bogar Kaadu" (Bogar Forest). This place is worshipped nowadays also. The blessings of Shri Rejith Kumar and the grace of Muruga Peruman has transformed my life. I hope to share many more experiences with all of you.

Om Saravana Bhavaya Namaha!

**Written by: Mr. Ramesh
PRO & LMRK Member, Coimbatore**

2) My Experiences in Aivar Malai

Om Saravana Bhavaya Namaha This mantra is reverberating every second and I can say it is part of my every breath.

The very first time I got a glimpse of Shri Rejith Kumar was in 'Moondravathu Kann' program a year back. I was fascinated at that time and visited the LMRK website twice. After six months I met Shri Rejith Kumar in person at Adyar. It was a wonderful experience and he has been guiding me since then.

Mayura Simhasanam Thiruvizha was a great spiritual journey for me at Palani and Aivar Malai. My view has expanded by meeting LMRK members from Kerala, Coimbatore and abroad. Everyone rendered their service out of divine love for Muruga Peruman. I would like to share my two mysterious experiences in Aivar Malai during the Mayura Simhasanam Pooja.

2A) Divine appearances in Karpooa Jyothi

I was sitting right next to the Mayura Simhasanam when the pooja started. I was

blessed with the sprinkle of abhisheka theertham and was totally in a trance. I forgot to capture the event in my camera, as I was following the Pooja. When Shri Rejith Kumar performed the Pooja after his speech on the importance of the Pooja, I could feel the vibrations in the cave.

Shri Rejith Kumar lit the Karpooram (camphor) and started offering the Aarthi to the Mayura Simhasanam and Vel. I suddenly felt an instinct to capture every moment of the Aarthi being



Shri Rejith Kumar's face took a reddish hue while performing the Aarthi

performed. And there it was ... Shri Rejith Kumar seemed to appear glowing red in colour and I could see the Karpooa Aarthi; it seemed to stand still in front of him.



Appearance of Siddhar during Aarthi being taken by Shri Rejith Kumar

When he started offering Karpooa Aarthi to the Vel of Muruga Peruman and pictures including



Appearance of Lord Lakshmi Narshimar during Aarthi being taken by Shri Rejith Kumar
that of Babaji; every second a new divine image appeared in the Karpooara Aarthi. First a Siddhar image, followed by images of a lion face, Simhasanam like image and finally Muruga Peruman standing with a Vel!



Appearance of Mayura Simhasanam image during Aarthi being taken by Shri Rejith Kumar



Appearance of Muruga Peruman with Vel during Aarthi being taken by Shri Rejith Kumar - 1



Appearance of Muruga Peruman with Vel during Aarthi being taken by Shri Rejith Kumar - 2

I was very sure that Muruga Peruman, Narasimhar and Siddhars have graced the occasion and blessed one and all. After the pooja was completed and while going through the photos, it dawned on me that I had captured a historic moment ... that too with divine blessings. I discussed with Shri Srinivasan, he also affirmed the same and asked me to share it in the group. Still it was mystery, what forced me to capture those moments.

2B) My Second Experience

I am yet to find an answer to this happening. We completed Pooja and everyone walked up the hill to have a darshan of Shri Kulanthai Velappar Sannithi (sanctum) and lunch at Sanmarga Sanga Mandapam. I was speaking with Shri Krishna, a Chennai LMRK Member and my colleague Shri Ilango Manickam. We started walking up the hill. I was in double mind whether to go up the hill or sit inside Aivar Malai Cave. Mr. Krishna told me to come up and we started walking. When I was climbing the steps made by loose rocks, I lost my balance and severely hit my right knee. I was not able to take my leg out and it was paining. I pulled my trousers up to my knee to find a lot of blood and injuries. I was not able to stand properly and take further steps.

My mind started thinking about a fracture in my knee cap and what happens next?

Suddenly one of the devotees came (later recognized that he came from Coimbatore) and washed my injuries. He plucked and crushed some herbs from the hill and applied it on my injuries. He assured that my wounds will heal immediately and persuaded me to walk up. I was sceptical about straining myself. He said firmly “Muruga Perumal is testing your will power. Just chant Saravana Bhavaya Namaha and climb” and encouraged me.

He applied some Vibhoothi (Sacred Ash) on my injuries and my forehead. I don't know what happened afterwards. As if possessed I walked up the steep, uneven steps and finally had the darshan of Lord Kulanthai Velappar. Smt. Ramani Ammal saw my condition and she started praying for my recovery. She went and asked Shri Rejith Kumar for prayers. Shri Rejith Kumar replied “Muruga Peruman will heal. This is his place”. Smt Ramani Ammal was accompanying me till I completed my lunch. I forgot about my injury and cheerfully joined the happenings around me.

It was like a dream – how I got down the Aivar Malai, walked up to the bus and reached my room. I took some rest and got ready for the evening functions – Giri Valam and Public Function. In a day, I saw simple scars, not even a mark or pain in my knees. I applied the Vibhoothi on my knee cap for the next two days. From a bleeding injury to nothing ... it is Muruga Peruman blessings. As a reminder of the whole happening, there is a black mark on my foot.

Om Saravana Bhavaya Namaha

**Written by: Dathathiri Srinivasan,
Editorial Team, Chennai**

3) How the Gayathri Manthra Saved My Life

They say what you learn during your childhood stays with you for life. I thank my mother for inculcating my connection with the Divine from a young age by teaching me the Gayathri Mantra. Though I was not aware of the meaning then I faithfully repeated it as a child because I enjoyed hearing its sound while I chanted it. The other most important thing she imparted was that I should think of God at the time of death. Little did I know how these pearls of wisdom would come to save my life.

Almost a decade ago, one day, when I was sitting and reading the newspaper, I suddenly felt a sting on my chest. It happened in quick succession three times. I got up with a fright and shook my clothes, and for just an instant I saw a most beautiful insect which looked like a giant greenish blue housefly. I could not find it later anywhere else. It simply seemed to have disappeared. I was alone at home because my parents had gone out visiting.

Meanwhile, after a few seconds of the sting, my body started burning within like fire. I felt something similar to heat all over my body with the pain levels reaching an intolerable level. They say the soul instinctively knows when it is close to death... I ran to my altar space (pooja room) took the divine sacred ash (Vibuthi) and applied it. I felt a strong need to connect with the Divine. I sat holding Shirdi Baba's Moorthy (idol) in my hands and closed my eyes and started chanting the Gayathri.

It was my way of connecting and surrendering to my Guru in what I felt were my last moments with Him. A question may arise in the readers mind. Why specifically the Gayathri? It is what came to my mind at that moment though I have the habit of chanting other mantras as well.

It was about 8 a.m. in the morning when I came back to consciousness; almost 45 minutes had elapsed since I had first begun to chant. I found myself sitting in the same posture holding Baba's moorthy close to me. A miracle had happened and I was still alive. And the pain had completely stopped! I got up thanking my Gurus and the Divine for their help and went about my daily chores. At the end of the day, I made light of this incident to my parents and said I had an insect bite earlier and that I was fine; which I was feeling at that time.

Two days later, I had a severe unbearable migraine at about 11 pm at night. I began to pray earnestly surrendering to the Divine and I remember slipping into a state of deep sleep where I had a Vision of Bhagawan Sri Sathya Sai sitting on a sofa with other devotees all dressed in white seated near him on the floor. He beckoned to me and made me sit next to him on the sofa. Like a mother handling her child, he massaged my face delicately for 45 minutes and asked me to open my mouth. He then manifested divine Vibuthi directly into my mouth. This tasted like milk powder. The ash kept filling in my mouth and to my surprise I didn't feel uncomfortable. I was asked to eat it up. He prescribed a medicine for my headaches. He gave me a piece of paper - it was a spiritual prescription. He had asked me to work on my short temper! I slept peacefully after that and woke up the next day without any incidents of ill health.

At this point, I must tell the readers that Lord Sai has manifested to me in both his Avataric forms both as Shirdi Baba and Sathya Sai Baba and to me they are one and the same. This has been their revelation to me. I was fine except for feeling a bit of weakness in both my legs. I happened to go for the Ashwini pooja held at my Guru K.V. Narayanan's (Aadhi Arunachala Siddhar) ashram. We used to get direct

messages from Gurunathar Thirumoolar Siddhar of whom my Guru was a direct disciple on both the Ashwini and Moolam days every month. It was on an Ashwini Pooja day, my name appeared on the palm leaves read by Guruji where I was told that I was not to worry and that the poison would leave my body in ten days. And it was for this reason I was facing the weakness in my limbs. I felt deeply humbled as I realized at that moment; the full significance of how the Divine had saved my life.

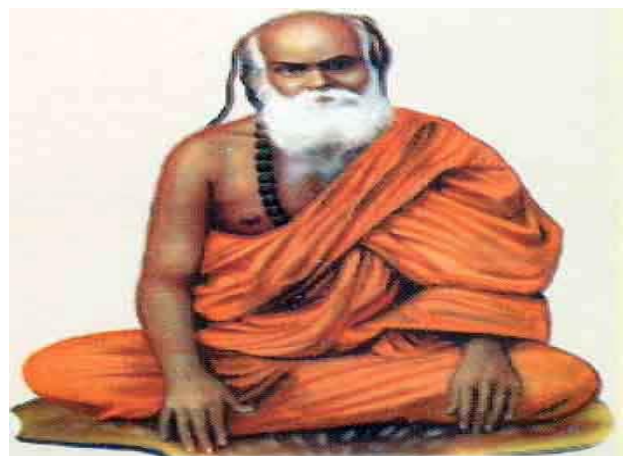
You could quite imagine the impact it had on my mind; I marvelled and was overwhelmed at the compassion the Divine had shown me through my Gurus. I will forever be grateful to the Gayathri Mantra for helping me connect with the Divine at one of the most crucial moments in my life.

**Written by: Mrs. Sowmya Nikhil,
Editorial Team, Chennai.**

MURUGAN ADIARGAL

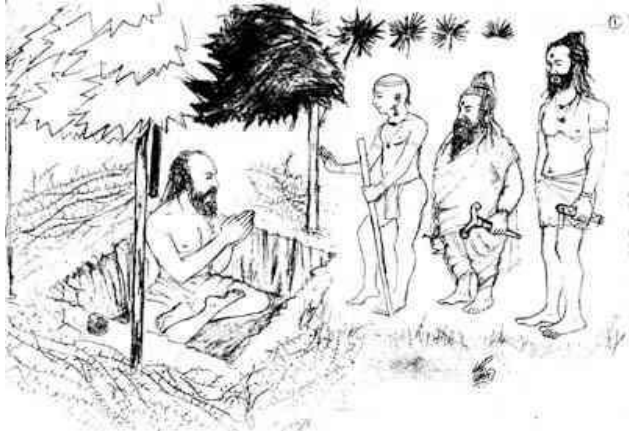
PAMBAN SHRIMAD KUMARA GURU DASA SWAMIGAL – FINAL PART

Another time when Swamigal was about 41 years old, he chose 'Parippumarisi' graveyard as a fit place to do his meditation. He built a square



Sri Pamban Swamigal

thatched hut large enough for a person to sit in it. A square pit was dug which was large enough to accommodate a person in a sitting posture. On all four sides a fence of thorny bushes was planted. He bid farewell to his close associates who had gathered there saying, "Never forget God". Chanting "Kumaraguru! Kumaraguru!" he sat to meditate in the square pit.



Pamban Swamigal meditating at the pit

Snakes moved near him but could not disturb his meditation. It was a cremation ground so for five days, six or seven ghosts kept hovering around him till night fall. Swamigal did not lose heart. Finally, a big ghost tried to lift him out of the pit. With his 'dhandam' he lashed out at it but it would still not leave him. Then he chanted the "Thiruvarezhuthu" mantra and the ghost fled. On the 6th day while he continued meditating, he heard a voice saying "You may rise". Realizing this as the voice of God, Swamigal addressed Him saying "You alone are my God, please personally guide and bless me whenever it is needed; for I have never thought of a human being as my guru".

On the 7th night, two rishis crowned with matted hair along with a young man with a slim moustache on his upper lip visited him. Noticing that the young man was silent the two saints shared that it was with spiritual maturity and fervent devotion Swamigal has been doing

rigorous penance to receive upadesham directly from Him.

The young man (Muruga Peruman) turned towards Swamigal and gave him the upadesham by secretly uttering it in his ear. He turned westwards and left with the two saints following him. Realizing that the upadesham was God's own guidance he decided to continue meditating at the pit as he did not have the heart to leave the place. Twenty-seven days passed after this and on the night of the 35th day he heard a thunderous voice and it was followed by a great flash of light in the sky." Arise! as the Ekadasa Rudras are coming!" said a divine voice. Swamigal replied "I will not get up at the command of anyone apart from that of Lord Muruga - the 'Sevvel Paraman". "This is indeed the command of the Vel" said the voice. Swamigal put his palms together above his head in a namaskar. Then he got up and circumambulated three times around the pit. He made a namaskar again and crossed the fence of thorns. Looking at the full moon in the west he realized that it was Chitra Pournami. Hearing Swamigal had come out, his friends and loved ones came in a crowd to greet him and receive his blessings.

Many such divine incidents took place after this. While he was in Chennai, Swamigal chose those followers who he felt were deserving and initiated them with 'Gnana Deekshai' and taught them the "Thiruvarezhuthu" mantra. After one year, he went to Kuyavan pettai near Chidambaram and was lost in contemplation of Lord Muruga. Here he composed the incomparable works "Paripooranandha Bodham" and "Thakaralai Rahasyam". He also sang "Kandhar Oliyal", "Kandhar Oligal Andhadhi" and "Ugabrahamam Arutpathu" among other prayers. He also started writing "Thirutpa" which is comparable to the Vedas.

He went on pilgrimages to several sacred places around Kumbakonam and Chidambaram. He was then blessed by Lord Muruga and then commanded to go to Chennai. Through divine grace he composed several songs about a number of sacred places. He wrote 6,666 songs and 32 paraphrasing works such as “Pathitru pathu Andhadhi”, “Sentan Senthamizh”, “Paripooranandha Bodham” and “Sadhanandha Sagaram”.

One Monday, in the month of December 1923, while he was walking down Thambu Chetty street in Chennai, the wheel of a horse carriage ran over his left leg and broke it. He was immediately admitted in the General Hospital. The doctors who examined him said it was difficult for the bones to heal. Hearing about this, many of his friends rushed to see him. Subramanya Dasar his disciple prayed for his recovery by chanting the Shanmuga Kavacham with great devotion. He also conducted group prayers. Subramanya Dasar got a vision of Swamigal's broken leg. On continuous chanting of prayers, he got another vision of two Vels holding the broken parts of the leg in place and the third Vel supporting it.

As seen in his vision, the doctors were astonished to see that the bones had completely healed. On the 11th night, Swamigal had a wonderful divine vision in which he saw two dancing golden peacocks coming from the west. The one on the right was larger and when he spread his plumage of feathers it seemed to cover the entire sky. The peacock on the left was slightly smaller in size. Seeing this Swamigal was filled with joy and put both his palms together and did a namaskar.

Another day he had a vision of a reddish golden hued child lying next to him. On seeing this he became exultant with joy and started reciting the sacred names of Muruga Peruman

worshipfully. Muruga Peruman in (bala swaroopam) gave Swamigal a message, “In 15 days you will be completely healed. Till then do not leave the hospital”. As foretold, in 15 days Swamigal recovered completely and left for



Pamban Swamigal has a vision of the golden peacocks and Lord Muruga as a child

Pudupakkam. The divine vision of two golden peacocks have been beautifully described in his poem titled “Ashoka Salavasam” and this was added to the collection named “Srimad Kumara Swamiyam”. Every year he celebrated this divine vision and called this sacred event as “Mayura Vahana Sevanam”. This is being grandly celebrated even today in the auspicious Tamil month of Margazhi, on the first day after the new moon (Amavasai).

When Swamigal visited Bengaluru, a huge light surrounded him, then entered through his mouth and he felt the experience of his heart being pushed upwards. At the same time the electric lights went off and it seemed as if there were four torches of light around him to give him light. This was a significant indication of what was to come.

Swamigal step by step replaced his diet of rice with one of wheat porridge. Swamigal discerned the divine destiny instore for him and called his disciple Chinnaswami Pillai to find a plot of land for him in Thiruvannamur.



Pamban Swamigal Samadhi at Thiruvananthapuram

Swamigal had saved some money through his writings and gave the same to him. Swamigal developed fever and inspite of having fever had made arrangements to go to Bangalore. However, because of his heightened temperature the journey could not be pursued. On Thursday, the 30th of May 1929 at 7.15 AM he drew his last breath. The day Swamigal became one with Muruga Peruman was on the 6th day after the full moon in the month of Vaikasi. Every year Guru pooja is celebrated on this sacred day. May the divine feet of Srimad Pamban Kumara Guru Dasa Swamigal be worshipped forever and ever!

Compiled by: Shri Simmam Kumar

Translated by: Smt Anuradha Thanigainayagam

THE STORY OF KATHIRKAMAM

– PART I

Muruga Peruman, the Supreme Being who is the ruler of this Universe, who is the in-dweller of our hearts, the son of Lord Siva, the beloved of Valli and Devayani, the one who bestows boons quickly on His devotees is an embodiment of Power, Wisdom, Love and Bliss.

Significance of Kathirkamam



South Kailasa - Seven Hills of Kataragama with Vedahitikanda at the center

Lord Muruga after his victorious battle with the asura king came to Sri Lanka and landed at Dondra. He then went to 'Veddahundkanda' — a hill above Kataragama—where He lived alone. Visvakarma the celestial architect built Him a temple on the hill and a city at the foothill. It was called "Chintamani Alayam'. Chintamani refers to the gem that fulfils all desires of mankind. Thus, Kathirkamam became a sacred place where one's righteous desires are fulfilled.

The 'Dakshina Kailaya Manmiyam' not only describes the temple in detail but also states that Lord Muruga created nine teerthas (waters) on the hill at the request of the Devas; to purify and spiritualise the minds and bodies of the



Menik Ganga

devotees. This is apart from the Menik Ganga which constitutes the main teertham at

Kathirkamam. The native residents declare that one can be healed of ailments by bathing in it from its high gem content and its inherent medicinal properties from the roots of the trees which line the riverside.

Lord Muruga & Valli the Veddah Princess

The natives of Kathirkamam are the Veddah community. They are also a farming community and worshipped the 'VEL' as the symbol of their Lord Murugan through many ages.

According to famous folklore, the name 'Kathirkamam' is said to have evolved from the combination of two words 'Kathir' (Ray of light) and 'Kamam' (Love), which according to the legend is a place "where the 'light' of Lord Muruga merged with the 'love' of His beloved consort Valli.

Valli, was found as an infant by the Veddah (hunter) community and its chief adopted Her as his own daughter. The Veddah community already worshipped Lord Muruga as their ancestral hunting God even before He wooed Valli and sought Her hand.

Valli was brought up hearing the heroic stories of Lord Muruga and She had long since given Her innocent heart to the Lord and had made a solemn vow that if She were to marry it would be only to Lord Muruga little knowing that She was His destined consort.

At the age of twelve, as per the Veddah tradition, Her family sent Her to guard their fields of millets to protect it against the marauding birds and animals. Fully aware of the princess Valli's solemn vow to marry him, Lord Muruga transformed Himself into a handsome young hunter and tried to court Valli. Valli did not recognise Him and was intent on Her vow. She indignantly ordered Him to be gone.



**Lord Muruga courts Valli Amma
as a handsome hunter**

The very next day he appeared as an old man in front of Valli and asked Her for food. Valli gave the old man food; but He refused to eat it until He had some water to wash it down. So, She agreed to show Him the way to the well. On the way, the old man (Lord Muruga) slyly asked Her if She were afraid of anything, as She lived all alone in the jungle, while guarding Her millet fields. Valli innocently replied that She feared only elephants.

Lord Muruga requested His elder brother Lord Ganesha to help Him to win the hand of Valli. Lord Ganesha appeared as an elephant and out of sheer fright Valli clung to the old man asking Him to save Her. He in turn promises to protect Her provided She married Him. On Her agreeing to



Valli Amma clings to the old man (Lord Muruga in disguise) out of fright at the approaching elephant (Lord Ganesha)

it, the elephant disappeared and Lord Muruga who showed Her; His divine form brought Her back to Her family.

On their return, Her father and his men attacked Lord Muruga who had by then transformed Himself to a 'Vengai' tree. On the first blow to the tree blood gushed out; this made the Veddah chief realize that this was no ordinary tree and he commanded his men to stop



**Veddah Chief Nambi giving orders
to cut the Vengai Tree**

attacking it. Lord Muruga revealed His true form to them. Valli's father was overjoyed at the sudden turn of events and gave his daughter's hand in marriage to Lord Muruga.



Lord Muruga's marriage to Valli Amma

Thus, it is believed that the divine union of the Lord Kataragama (Muruga) and Valli Amma

happened here at Kathirkamam and that they have lived here since Their marriage and thus made Kathirkamam a sacred place.

There are many sanctums dedicated to Muruga Peruman around the world, *Katargama Devalaya has its own special place amongst it as Muruga Peruman is worshipped here in the form of a Yantra*. It is also known for its mystical experiences. Let us now delve deep into the history of this ancient temple.

History of Kataragama Devalaya at Ruhunu



Statue of King Dutugemunu at Kathirkamam

Kataragama Devalaya was constructed around the 1st century BC by King Dutugemunu (205-161) BC. Before going to war with the Tamil Chola king Ellalan in Anuradhapura, Dutugemunu meditated on the banks of the river Menik Ganga (the Ganga of Gems) to Lord Muruga and prayed for strength to overpower his enemies at Ruhunu. On winning the war, he became an ardent devotee of Lord Muruga and built the 'Kataragama Devalaya' in fulfilment of his vow.

Dutugemunu also decreed that henceforth and for always a vast grant of rich land in Ruhunu would be given to the Katargama Devalaya. He also ensured that the traditional rites would be carried forth for posterity by stipulating 505

ritual assignments to be annually performed in accordance with the tradition of 'royal service' otherwise known as 'Raja Kariya'. These roles have been passed on from one generation to another in the patriarchal line since then.



Kataragama Maha Devalaya at Ruhunu

Kathirkamam is a pilgrimage town sacred to the Hindus, Buddhists, Muslims and the indigenous Veddah community and is located in the Monaragala District of Uva province, Sri Lanka. It is 228 kilometers from Colombo, the capital of Sri Lanka. It is said to form the southern point of the axis along which both great sanctuaries of the Hindus lie, the northern point being the holy Mount Kailash.

It is significant to note that Maha Avatar Babaji, Saint Arunagirinathar, Saint Kalyana Giri, Swami Palkudi Bawa, Saint Bala Sundari, Gauri Bala Swami amongst other divine beings have graced the sacred Kathirkamam with their hallowed presence.

The earliest references made about Kathirkamam can be found in the epic 'Skanda Purana' written by Saint Vyasa in Sanskrit. It was later written in Tamil around the 11th century by Saint Kachiappa Sivachariar in his poetical treatise 'Kantha puranam'. Saint Arunagirinathar has visited Kathirkamam and sung 14 songs in praise of Lord Muruga.

Lord of the Labyrinth

"Daenagana giyot Kataragama

Nodaena giyot ataramaga."

'Knowing the way, one may reach Kataragama

Without knowing the way, one goes astray'.

- Sinhala proverb



Lord Kataragama

Kathirkamam (Kataragama) is more than a marvellous place in the jungle. The way to this sacred shrine is not found in any map or book but can be found only by those who answer to the inward call of their hearts.

The route to the Kathirkamam is in the 'Deviyange Kaele' (God's own forest) and is riddled inside out with many hidden passageways accessible to sages, devotees and other forms of divinities. It is a place where one could find themselves transported from one realm to another in the blink of an eye. It is a blessed place where minds, purified by inward contemplation, can access the universal wisdom at will. Kataragama-Skanda, the shrine's presiding deity is very much 'Guha' the indweller who guides the ardent seekers from within and leads them to a higher state of awareness. Thus, the pilgrimage to Kataragama

Devalaya - a sacred journey through a labyrinth of paths – is a symbolic reflection of a journey from the outwardly world into the inner most recess of one's being.

Kathirkamam – A Multi Faith Pilgrimage

Even though, the God of Kathirkamam, Lord



Kathirkamam Temple Entrance

Muruga is a Hindu god, He is also worshipped by Buddhists, Muslims and even a few Christians.

It is hailed by the Hindus as the sacred abode of Lord Muruga and the natives of Sri Lanka consider Him as their protector. The sacred Yantra 'OM' is inscribed within the six-pointed star "Shat-Konam" of Muruga Peruman. The sanctum sanctorum is heavily veiled with seven curtains and behind it housed in a casket is the sacred yantra. *They believe that the energies of Lord Muruga manifesting from the Yantra,*



Bogar Siddhar

Rare Picture of the Muruga Yantra

inscribed and installed by Bogar Siddhar, is for the spiritual welfare of the world.

There is a related shrine called Sella Kathirkamam dedicated to Lord Ganesha, the beloved elder brother of Lord Muruga. The local Menik Ganga (River of Gems) is a place of ablution where a sacred bath is taken to purify oneself. The other place Hindu's visit is the Kathira Malai where it is believed that Lord Muruga had first landed.



Lord Ganesh Temple at Sella Kataragama

To the Buddhists, it is one of the 'sixteen great places' at which the Buddha, during his third visit to the island, sat in meditation. The Buddhist Kiri Vehera Dagoba (temple) which stands close to



Kiri Vehera Dagoba

the Kataragama Devalaya was built by the King Mahasena. According to the legend, Lord Buddha, on his third and the last visit to Sri Lanka, was believed to have met King

Mahasena, who ruled over the Kataragama area in 580 BC.

It is said that King Mahasena met Lord Buddha and listened to his discourse. As a token of gratitude, the Dagoba was built on that exact spot where it now stands. Thus, the local Sinhalese Buddhists believe that Kataragama was sanctified by Lord Buddha. In the year 288 BC, Princess Sangamitra, the daughter of the great Indian emperor Ashoka is said to have brought a sapling from the famous Bodhi tree at Gaya, India under which Lord Buddha had meditated. One of the eight shoots which sprang up from this tree was said to have been planted here in Kathirkamam.

Kathirkamam also has a Muslim shrine - the uniquely colourful mosque of Al-Khizr where



Al Khizr Mosque at Kathirkamam

one can find the tombs of two Muslim saints. The devotees congregate here for the flag-hoisting that takes place before the Kataragama festival usually held in late July or early August.
(To be continued...)

Contributors to the Article: Mrs. Asha. J, Mrs. Sowmya Nikhil and Mr. Jasitharan. T

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SHRI REJITH KUMAR'S VISIT TO BENGALURU

The Bengaluru team was very excited to have Shri Rejith Kumar come and visit them and the venue that was fixed was at **Sri Mahan Odukathur Swamigal Mutt, Sri Dhandayuthapani Swamy Temple** at Ulsoor, Bengaluru where they regularly held their monthly team meetings. The visit was finalised between January 12th and 13th after discussing it with Shri Rejith Kumar and getting the necessary permission from the temple authorities.

12-Jan-2019



Shri Rejith Kumar with Mrs. Rathna, Mr. Meghanathan, Mrs. Mary and Mr. Kanaga Subramanian at Four Seasons, Bengaluru (L to R)

Shri Rejith started his visit by meeting LMRK Members and met Mrs. Mary Bastin, Mrs. Rathna Meghanathan and Mr. Meghanathan at Four Seasons, Koramangala. The first meeting was with Mrs. Mary Bastin. This was followed by breakfast. This was her second meeting with Shri Rejith Kumar, the first being the Mayura Simhasanam Thiruvizha at Palani. Mrs. Mary shared her spiritual experiences relating to Lord Muruga with Shri Rejith Kumar. She was advised to visit Ghati Subramanya Swamy temple for Dosha Nivarthi.

She experienced relief from it and her faith in Lord Muruga was affirmed. She shared this experience with Shri Rejith and also spoke about the uniqueness of this temple where Lord Subramanya and Lord Lakshmi Narasimhar are together as one Moorthy in the same sanctum. Shri Rejith Kumar's evinced his interest to go there and arrangements were made after discussion with the other members to take him there after the home visits.

The next meeting was with Mr. Meghanathan and Mrs. Rathna Meghanathan who met with Shri Rejith Kumar at his suite in Four Seasons. This was followed by Shri Rejith Kumar



Shri Rejith Kumar performs Pancha bhootha Pooja at Mrs. Mini Vijayakumar's Residence

performing Pancha bhootha poojas at the residences of Mr. Kanaga Subramanian, Mr. Vijaya Kumar and Mrs. Mini and Mr. Kumaresan.



Shri Rejith Kumar performs Pancha bhootha pooja at Mr. Kanaga Subramanian's residence

Ghati Subramanya Swamy Temple

Ghati Subramanya temple is situated on the outskirts of Bangalore near Tubagere, Doddaballapura Taluk, Bengaluru District. It is 60km from the city of Bengaluru and is considered a sacred site for pilgrimage.



Sri Ghati Subramanya Temple at Doddaballapura

According to the temple's history Ghati is the place where Lord Subramanya did penance in the form of a snake inside the caves found in the nearby mountains before going to kill the demon Tharakasura. Ghati is also the place where Lord Subramanya sought the protection of Lord Lakshmi Narshimar to protect the Nagas from Garuda (the divine vehicle of Lord Vishnu).

The uniqueness of this temple is that the form of Lord Subramanya in a seven headed serpentine form and Lord Lakshmi Narshimar were found carved on a single stone facing the directions east and west respectively. They were found in their 'Swayambu' form when they were unearthed here.



Main Sanctum of Lord Subramanya and Lord Lakshmi Narshimar at Sri Ghati Subramanya Temple

Shri Rejith Kumar along with Mr. Vijayakumar and Mrs. Mary reached this famous temple around 6PM. They found the temple was overflowing with devotees who had come to take the darshan of Lord Muruga during the



Shri Rejith Kumar waiting for darshan at Sri Ghati Subramanya Temple

auspicious day of Sashti. As they were wondering how they would secure a special darshan ticket, a temple official, came outside

and escorted them all in for a VIP darshan! During the darshan the electricity suddenly went off and they could see the moorthies through the light emanating from the lamps. As shown in the picture a mirror has been strategically placed where the reflection of Lakshmi Narshimar can be seen through it. They received the 'Abhisheka Pal' (consecrated milk) and Thulasi theertham (water) as prasadam.

After this wonderful visit, everyone was silent in the car, while driving back, ruminating over the wonderful darshan they had received with the grace of Muruga Peruman and Lord Lakshmi Narshimar. The day concluded on a special note when Shri Rejith Kumar remarked that he felt that something important relating to the LMRK mission would soon be revealed after his visit at the temple.

13-Jan-2019

Mahan Sri Odukathur Swamigal Mutt

Odukathur Swamigal whose Poorvashrama name was Sessaiah was born in a small village called "Odukathur" in the Vellore District. Swamigal, a Yoga purusha, during his spiritual journey visited many places namely Kalahasti, Kanchipuram, Thiruvanaikaval, Chidambaram and Madurai in search of Gnana before he came to Bengaluru in 1914 to continue his penance at the request of his devotees. ***Muruga Peruman is said to have appeared before him and granted him Siva Gnana at this place.*** Swamigal entered Maha Samadhi here in the year 1915. A temple for Lord Dhandayuthapani has been constructed in this place as Lord Muruga had appeared to the Swamigal in this form. The temple is now managed by the Mahan Sri Odukathur Mutt. The Bengaluru LMRK team had booked the hall in the temple premises as the venue for the program held on 13/01/19. LMRK members from Bangalore, their family members and friends

from abroad and other states had come to meet Shri Rejith Kumar and receive his blessings. The team coordinators Mrs. Mary Bastin, Mr. Kanaga Subramanian, Mr. Rambadri, Mr. Hari, Ms. Sowmya, Mr. Kumaresan and Mrs. Mini warmly welcomed them into the community hall where the program was to be held.

The program was started by Shri Rejith Kumar around 09.45 AM by his lighting the lamp and offering his prayers to Muruga Peruman. This was followed by a welcome address given by Mrs. Mary Bastin. Shri Rejith was honoured with a shawl by Mr. Ashwath from Hyderabad. Shri Rejith blessed everyone with Thiruneer (Holy



Shri Rejith Kumar offers incense to Muruga Peruman before starting the program



Shri Rejith Kumar being honored with a shawl by Mr. Ashwath (Hyderabad)



Mr. Ashwath being healed by Shri Rejith Kumar



Shri Rejith Kumar blessing Mr. Ramabadri with Thiruneer



Shri Rejith Kumar discusses about LMRK Mission, Seven Rays Meditation with the Team

Ash). This was followed by a meditation on 'Om Saravana Bhavaya Namaha' mantra from 10.00 AM to 10.15 AM. *Shri Rejith Kumar spoke about the significance of the LMRK Mission, Seven*

Rays Meditation, Sunday Meditation and his experience at Ghati Subramanya Swamy temple and shared that something important relating to the LMRK mission would soon be revealed by Muruga Peruman and that this was the purpose behind his visit.

It was followed by a healing session by Shri Rejith Kumar and the program concluded with a photo session where the members posed with Shri Rejith Kumar for photographs to keep this special memory of his visit alive in their hearts.



Group photo of Shri Rejith Kumar with the Bengaluru LMRK Team

The team then took Shri Rejith Kumar out for lunch around 2.30 PM. This was followed by Shri



Bengaluru LMRK Team Members pose with Shri Rejith Kumar

Rejith Kumar visiting Mr. Ramabadri's residence



Shri Rejith Kumar sharing a lunch with Mrs. Mary, Mr. Kanaga Subramanian and Mr. Ramabadri

and the visit concluded with him and Mr. Kanaga Subramanian seeing him off at the airport.



Shri Rejith Kumar is honoured by Mr. Ramabadri at his residence

Mrs. Mary summarizes it in a nutshell when she said that it was the Divine who chose such a sacred place for Shri Rejith Kumar to meet the LMRK Members. It was the Divine which prompted her to share her experience at Ghati Subramanya temple which led them to the sacred place on the auspicious day of Sashti. It is the Divine which is enabling its revelations this way. It made her realize that it was indeed the Divine who had coordinated the visit through all those concerned.

She thanks Shri Rejith Kumar on behalf of the Bengaluru LMRK team for gracing them with his presence and blessing them amply.

OM SARAVANA BHAVAYA NAMAHA

Reported by: Mrs. Mary Bastin
Written by: Mrs. Sowmya Nikhil

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BOGAR SIDDHAR AND THE NAVAPASHANA MOORTHY OF LORD DHANDAYUTHAPANI

The Bogar Maharishi's samadhi shrine is located in the sacred Palani hills and attracts millions of people. Palani is an important pilgrimage place and is one of the six 'Aaru Padai Veedus' (army camps) of Lord Muruga during his battle against the Asura King Surapadman.

Bogar Siddhar in his treatise 'Sapta Kandam' reveals that he was born in the lineage of Viswakarma (gold smiths) and was disciple of Kalanginathar and the grand disciple of



Bogar Siddhar receiving instructions from his Guru Kalangi Nathar

Thirumoolar Siddhar. Describing his life to his disciple Pulipani Siddhar, he revealed that he had received initiation from his Guru Kalanginathar who taught him about all the sacred works (Sasthras), the great epics, Yoga and the method to attain liberation. He learnt Brahma Vidya (Wisdom of Ultimate Reality) from Sage Agasthiar. Bogar Siddhar had mastery over various fields some of which are: Medicine, Kayakalpam, Yoga, Mathematics, Astronomy, the Ashtama Siddhis and Alchemy. He is said to have mastered the sacred science of alchemy through Kundalini Yoga. He has written many books such as 'Bogar 7000', 'Bogar Kalpam', '700 Yogam', 'Bogar Nigandu and 17000 formula' which stand as a testimony to his vast mastery in many fields.

Navapashana Moorthy Of Lord Dhandayuthapani at Palani



Bogar Siddhar building the Navapashanam Moorthy at Palani

The idol of the Muruga at Palani, was created and consecrated by Bogar Siddhar along with other Siddhars out of an amalgam of nine poisons or *Navapashanam* and it became an eternal master medicine when mixed in a certain ratio.

The idol was created in consultation with Agasthiar Siddhar at Thanasiappan temple a place near Palani Hills. This was done with a view to ensure the well being of humanity during the

difficult period of Kali Yuga where he foresaw the world being besieged by many dreadful diseases.

It represents Lord Muruga in the form he assumed at Palani - that of a very young recluse, shorn of his locks and all his finery, dressed in no more than a loincloth and armed only with a staff – the dhandam, as Lord Dhandayuthapani. He awakens his devotees spiritually and leads them to the path of liberation.



Navapashana Moorthy of Lord Muruga at Palani

It is important to understand the significance of the Navapashanam Moorthy created by Bogar Siddhar and I have tried to make a brief attempt at that in this article.

- (i) The idol of Lord Dhandayuthapani has been constructed and placed in a scientific way to directly absorb the rays of planet Mars. The preciseness of the idol's alignment is nothing short of a miracle by itself. One can only imagine his knowledge of Astronomy, Mathematics and Physics to have correctly mapped the position of planet Mars without the use of any scientific

equipment such as telescopes 6000 years ago!

- (ii) To create a medicinal idol of Lord Dhandayuthapani which will heal even the most chronic of diseases, was done with infinite patience by Him and the blessings of Goddess Bhuvaneshwari.

A group of Siddhars who worked along with Bogar Siddhar ground the Navapashanam (Nava=Nine, Pashanam =Poison) which was made out from a collection of 4,448 herbs (mooligai).

They are Veeram, Pooram, Rasam, Jathilingam, Kandagam, Gauri Pasanam, Vellai Pasanam, Mridharsingh and Silasat. After the poisons were ground in 9 separate mortars they had to be bound by a catalyst before being cast in a mould. This is called 'Kattudhal' in Yoga Siddha Medicine.

Bogar Siddhar has made use of two methods of casting which he learnt from Agasthiar Siddhar while making the idol. They are: (1) Uppu Kattu: where thousands of herbs, juices, salts (Uppu) and other chemical reactions are used. (2) Sunna Kattu or Oxidization.

- (iii) Bogar and others Siddhars then decided that by using the milk and panchamritham (a sweet recipe) poured on the idol, one can extract the medicine from the idol. The milk and panchamritham then becomes the medicine to cure diseases.
- (iv) Raakala Sandhanam is the sandalwood

paste applied on the idol and left overnight. The properties of Navapashana are absorbed by this sandalwood and this sandalwood is offered as Prasad for the devotees. It serves as a panacea for many incurable diseases when consumed by the devotee as a medicine.

- (v) The "Koupeena Theertham" from the idol of Lord Murugan is the cure for all the chronic illnesses. Due to application of sandalwood paste the temperature of the Moorthy which absorbs the heat during the day cools and results in the perspiration of the Moorthy. The perspiration from the Moorthy is collected in the Koupeenam (loin cloth) and distributed to the devotees as theertham during early morning darshan.
- (vi) Vibuthi placed on the forehead of Lord Dhandayuthapani absorbs the medicinal properties of the Navapashana and this is offered to the devotees as prasad.

After the installation, Bogar Siddhar continued to worship the Navapashana Moorthy by doing Abhisekham to it with milk and panchamritham. After a while, Bogar Siddhar constructed his own place of Samadhi and instructed his disciple Pulipani Siddhar to take care of the worship of Lord Muruga.

He then went into a state of 'Nirvikalpa Samadhi' - the highest samadhi stage where the mind dissolves with Matter and Energy. It is said that there is a subterranean tunnel linking the shrine with the main sanctum of Lord Dhandayuthapani through which Bogar Siddhar

is believed to go and worship the Moorthy of Lord Muruga during daily pooja.

The entrance to his samadhi is a cave like structure, even now the worship of this great Siddhar is conducted at this entrance where he was last seen by his disciples at the Palani temple.



Margatha Lingam at the Bogar Samadhi

It is significant to note that the idols of Margatha Shiva Lingam and Goddess Bhuvaneshwari and Valampuri Sangu (Conch) are present at the Bogar Siddhar shrine.



Bogar Siddhar Samadhi Shrine

My Experience at the Bogar Samadhi

Now, let me explain to you the experience that I had when I visited the Palani Hills during the

month of August 2018. I felt my journey to Palani was so enthralling. I went to the hills and reverently prayed to Lord Murugan. I fully realized that there was a mesmerizing energy emanating from the Garba graha (main sanctum). After a wonderful darshan of Lord Dhandayuthapani, I came to the shrine of Bogar Siddhar.

I could sense a mystical energy which had a similar vibration to that of the Garba graha. The path to the cave where Bogar Siddhar Samadhi is present was closed down and I could see only see a hole which was circular in shape. I keenly wanted to meditate at the Samadhi shrine of Bogar Siddhar. I saw many devotees praying to Bogar Siddhar. My eyes and my mind were looking for a place to sit there. I found a corner for myself and sat down to meditate and closed my eyes. The Omkaram 'Om' rose from within me which I have never heard before. As my mind completely stilled because of it, my younger daughter came and sat next to me and asked me if it was time to leave. I closed my eyes and said "In two more minutes, dear". After completing my meditation, I came out of the Bogar shrine and sat in the hallway with everyone.

I heard a person calling out from behind me, and I went towards him directly. He poured the Koupeena Theertham from the bottle into my hand for me to drink it. The very moment I drank it, the cry "Muruga!" broke out from deep within me. Everyone who was present there turned towards me. I found myself to be in a state of ecstasy and fervour. I called out to everyone to come towards me. I could sense a divine power working within me. I stated "The essence of Lord Muruga is within my very soul. I am an ordinary person; however, it is true that I have received Lord Muruga's grace! If you wish to receive blessings similar to mine please close your eyes

for fifteen minutes and chant "Om Saravana Bhavaya Namaha" nine times". The crowd gathered around me. The person who had earlier called out to me, looked like a priest (Gurukkal) and asked to me to remain silent and said that I have to receive more prasadam. After saying that, he took the Raakala Sandhanam and asked me to place it in my mouth and also gave a sanctified flower and Kungumum packet as Prasad from Goddess Bhuvaneshwari at the Bogar Siddhar Shrine.

A question arose in me and I asked the priest, "Aiyaa, why did you call me specifically when there are so many people here?". He replied politely that he is a part-time priest of the Bogar Siddhar Shrine. When he came out, he had heard my 'Om' sound as well and had noticed my daughter calling out to me at that time. Meanwhile, he had received divine instructions from his Gurunathar Bogar Siddhar to give the Koupeena Theertham and another Prasad to me. I felt amply blessed on hearing this. I do not know anyone at Palani Hills. The grace of Lord Muruga and the glory of Bogar Siddhar, cannot be explained in mere words.

Om Saravana Bhavaya Namaha

Written By: Mrs. Rani Pandian

Translated by: Mrs. Asha. J

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LMRK NEWS

1) Volunteers Meet at Coimbatore (24/11/18)



Coimbatore Volunteers Meet

A group of eleven members met at Coimbatore for the first time to volunteer their efforts. Three of the members came from Palakkad whereas the rest were from Coimbatore. The meeting was spearheaded by Mr. Mangala Prabhu, Dr. Sadagopan and Mr. Palani Kumar.

The team decided to hold regular meetings every month. Steps to take the mission to new members was discussed.

It was also decided that after few months of regular monthly meetings; Shri Rejith Kumar's visit would be planned by having a large hall meeting. The meeting concluded with the plan that the next meeting would have members coming in from Pollachi, Gobichettipalayam, and Thiruchengodu.

- Mr. Palani Kumar

2) Inauguration of LMRK'S First Office at Thrissur (24/11/18)



LMRK Office at Thrissur (The sacred abode where Muruga Peruman first appeared to Shri Rejith Kumar)

The inauguration of LMRK'S first office happened on the 24th of November 2018. Shri Rejith Kumar had advised the core team to be present the previous day for its first meeting at the office as a mark of the office inauguration. Mr. Devan, Mr. Mangala Prabhu, Mr. Anoop and Mr. Rajesh came to the office around 10 AM.

Shri Rejith directed us to do meditation at his pooja room to get blessings from Lord Muruga. He said that it was a powerful place and he used to get all his messages from Muruga Peruman here. At the pooja room, a large picture of Lord



LMRK Trust Meeting at Thrissur

Palani Muruga in Raja Alankaram and several pictures of Siddhars were present. There was a Vel kept below Lord Palani Muruga's picture. Shri Rejith shared that this Vel was specially

blessed at all the Aaru Padai Veedu's of Lord Muruga.

The members meditated at the pooja room which helped them garner positive energy and they could feel high energy vibrations there.

After the meditation the members were served breakfast and gathered at the main office for the meeting. Shri Rejith chanted 'Om Saravana Bhavaya Namaha' 9 times before starting the meeting. He then started to explain his spiritual journey. He showed us the room where he had darshan of Lord Bala Murugan and Yakub Siddhar. He took us out to the main entrance where he had the darshan of Lord Muruga as a bright light blob in the sky. Then the discussion continued about the next steps of the mission and spreading its awareness, Seven Ray



Shri Rejith Kumar with Mr. Prabhu, Mr. Devan, Mr. Anoop, Mr. Srinivasan, Mr. Gokul and Mr. Krishna (L to R)

Meditation throughout the world.

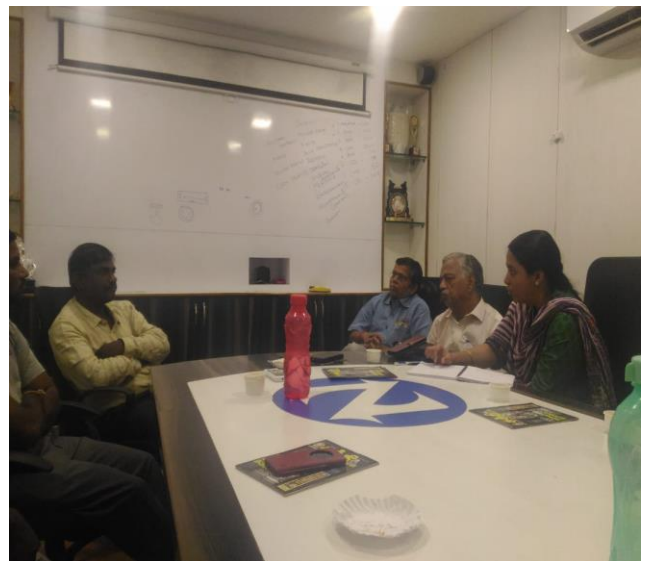
Shri Rejith also shared that the office premises would also be used for healing people on a weekly basis. With that, the first meeting at LMRK office concluded.

- Mr. Srinivasan

Chennai General Meeting Highlights (02/12/18)

The meeting began with Mr. Srinivasan sharing the experiences about the Mayura Simhasanam till it safely reached Wales and about how certain elements were against its Pradishta. The general meeting was held to discuss the following:

- Regular monthly meetings for Chennai team was decided.
- Mr. Mangala Prabhu highlighted the idea of LMRK members working in their respective location and that a distribution team was to be set up with each reporting to their zonal in charge.



Chennai Team Members - Mr. Mangala Prabhu, Mr. Datthathiri, Mr.V.C. Thanigai Nayagan and Mrs. Sowmya Nikhil (L to R)

- Designing of Stickers carrying 'Om Saravana Bhavaya Namaha' with LMRK logo was discussed in detail with Mr. Datthathiri drawing out different designs for stickers for two wheelers and four wheelers respectively.

- Ideas about different ways to spread the LMRK message were discussed. The idea of holding meditation meetings at temples on special days like Sashti and Kirthigai was suggested by Mr. Mandrasala Moorthy. The possibility of



Chennai Team Members - Mr. Senthil Kumar, Mr. Srinivasan, Mrs. Reena, Mr. Venkatesan, Mr. Chandra and Mr. Mandrasala Moorthy (L to R)

holding virtual events like a Facebook Live event where Shri Rejith would explain the significance of 'Om Saravana Bhavaya' and people could join him virtually all over the world in the meditation was given by Mrs. Sowmya. The idea is yet to be discussed with Shri Rejith Kumar.

Those who participated in the general meeting were Mr. Mangala Prabhu, Mr. Srinivasan, Mrs. Sowmya, Mr. Datthathiri, Mr. V.C. Thanigai Nayagam, Mr. Venkatesan, Mr. Mandrasala Moorthy, Mr. Chandra, Mr. Nirmal Kumar, Mr. Senthil Kumar and Mrs. Reena. A note of gratitude to Mrs. Reena for graciously sharing her office premises for the LMRK Meetings held that day.

- Mrs. Sowmya Nikhil & Mr. Srinivasan

4) Bengaluru Team Meeting at Mahan Sri Odukathur Swamigal Mutt, Sri Dhandayuthapani Temple, Ulsoor, Bengaluru (09/12/18)

The purpose of this meeting was to make plans for inviting Shri Rejith Kumar to Bengaluru. Each of the members gave their ideas and took on individual action items to complete in planning



Bangalore Team Meet- Mrs. Mary, Mrs. Mini, Mr. Kanaga Subramanian, Mr. Kumaresan and Mr. Hari

the logistics for Shri Rejith Kumar's visit such as the hall availability, the number of members who will be coming and the availability of Shri Rejith. The meeting ended with a thank you note to all the members who had participated and contributed their valuable time.

The LMRK members who participated in the meeting were Mrs. Mary, Mrs. Mini, Mr. Kanaga Subramaniam, Mr. Kumaresan and Mr. Hari.

- Mrs. Mary Bastin

5) Coimbatore Team Meeting at Velkottam Maruthamalai Temple (16/12/18)

We had our LMRK Monthly meeting at Velkottam Maruthamalai temple. About 30

members from Coimbatore, Sivakasi, Gobichettypalayam, Sular had attended the meeting. The temple hall as well as the food was graciously hosted by Sri Velkottam Thiruchitrambalanathan Gurunatha Swamigal.

We arrived at 9.30 AM and the members meditated from 10.00 to 10.30 AM. The welcome address was given by Swamigal.



Sri Velkottam Thiruchitrambalanathan Gurunatha Swamigal who graciously hosted the venue and food for the Coimbatore Team Meeting



Dr. Sadagopan in discussion with the Coimbatore Team Members

Dr.P. Sadagopan lead by giving his introduction and requested the members to introduce

themselves. I then spoke about Shri Rejith Kumar spiritual journey, the LMRK Mission and Kumari Kandam. We discussed about regular meeting and activities to be conducted and left the premises about 2.30 PM.

- Mr. Palani Kumar

6) Malaysia Team Meeting Highlights at Sri Kanda Swamy Temple, Kuala Lumpur (23/12/18)



LMRK Team Meeting at Sri Kanda Swamy Temple, Kuala Lumpur in Malaysia

The members introduced themselves and shared their experiences with Shri Rejith Kumar. Mr. Ganesan shared his experiences about the Mayura Simhasanam Pradishta events at Wales with other members. The team has decided to have regular monthly meetings on the last Sunday of each month. We also discussed about Shri Rejith Kumar's visit to Malaysia next year.

We concluded with a group prayer at 12.30 pm. The meeting attendees were Mr. Manthira, Mrs. Sarah, Ms Mala, Mr. Balachander, Mr. Ganesan and Mr. Ruben.

- Mrs. Sarah Manthira

MY EXPERIENCES WITH LORD MURUGA PERUMAN AT THE COLUMBUS SAI TEMPLE

Vetrivel Muruganuku Arohara!

My name is Janaki Arul and I live in Columbus, Ohio, U.S.A. I am very much blessed and happy in sharing my divine experience with Muruga Peruman in Sai Baba temple here. As a Baba devotee, I go for Baba's darshan and Aarthi every Thursday without fail along with my family from 2014. I started attending Lord Murugar's Thirukalyanam at Baba's temple from 2015. During 2016, after attending the Thirukalyanam, I asked the temple priest if they could perform the Thaipoosam festival like other temples. He said that we needed at least 50 to 100 sponsors to perform the event. I approached my friends and we agreed to coordinate the event.

The event took place on a Thursday and almost about 500 to 1000 devotees had come to the temple for darshan during the Thaipoosam



Pal Abishegam being done for Muruga Peruman and His Divine Consorts Valli Amman and Devanai Amman during Thai Poosam Festival

festival. Normally it freezes in January but fortunately we were blessed to participate in a good 'Pal kudam pradakshanam' (circumambulation with pots of milk) outside

the temple because Lord Muruga had blessed us with an unexpected weather of 60 Fahrenheit.

After the event one of my friends texted me a picture of Muruga Peruman taken during the Thai Poosam festival. I was shocked to know that



Special blessings from Muruga Peruman and His Divine Consorts Valli Amman and Devanai Amman during the Thai Poosam Pooja

after zooming Muruga Peruman's picture, I found that Muruga Peruman's eyes were open. His eyes were open widely like that of a human. After a month I shared this in the WhatsApp group and the devotees on seeing it got overwhelmed. A devotee then gave a suggestion



Mrs. Janaki Arul along with other devotees at the Columbus Sai Temple.

of reciting the Kantha Sashti Kavacham 1 Lakh times at Baba's temple here.

The committee gave us five events to coordinate at the temple by getting at least 50 sponsors. We were able to carry out all the events successfully such as Vaikasi Visagam, Aadi Kirthigai, Soora Samharam, Thai Poosam and Murugar Thirukalyanam with the participation of about 50 to 100 devotees. For each of these events we were blessed with Muruga Peruman opening His eyes.

Recently we have planned to offer a diamond Vel for Muruga Peruman's Moorthy with a budget estimate of 10,000\$. We have almost reached this goal. This is my experience with Lord Muruga here.

Written by: Mrs. Janaki Arul

UPCOMING EVENTS

**SHRI REJITH KUMAR'S VISIT TO MONGOLIA –
LAST WEEK OF MARCH 2019**

**INTERNATIONAL MURUGA CONSCIOUSNESS
CONFERENCE – PAST, PRESENT & FUTURE -
(YEAR 2019)**

CONTACT LMRK

Shri Rejith Kumar LMRK
Thirur, Thrissur District, Kerala, India
Phone: +91-94464-46233
Chennai: +91 8072372099

Visit us: <http://www.lionmayura.org>
Facebook: <http://www.fb.com/lionmayura>

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